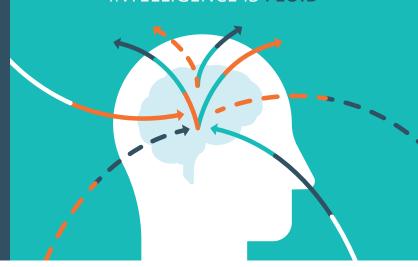
## **FIXED MINDSET**

**INTELLIGENCE IS STATIC** 

## **GROWTH MINDSET**

**INTELLIGENCE IS FLUID** 





Leads to a desire to look smart and therefore a tendency to...

Leads to a desire to learn and therefore a tendency to...

avoid ······· CHALLENGES ······ embrace

give up easily ••••• OBSTACLES ••••• the path to mastery

fruitless or worse ..... **EFFORT** ..... persist in the face of setbacks

ignore useful negative feedback ..... CRITICISM ..... learn from criticism

feel threatened by it ..... SUCCESS OF OTHERS..... find lessons and inspiration in it

As a result, they may plateau early and achieve less than their full potential.

All this confirms a **deterministic** view of the world.

As a result, they reach everhigher levels of achievement.

All this gives them a greater sense of **free will**.

Created by Nigel Holmes, from Mindset: The New Psychology of Success by Carol S. Dweck. Used with permission.

