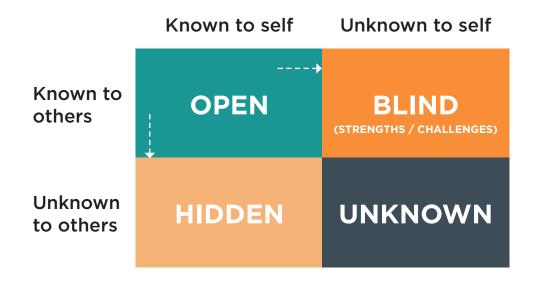


# **The Johari Window**

### AIM: To develop self-awareness and appreciate feedback and different perspectives.

Post pandemic, many of us are rethinking our relationships, collaborations, and assumptions about what is "fixed." The Johari Window is a simple tool designed to help to explore different perspectives, build trust about what, where, and how information is shared, and provide a map to transform relationships.



## Effective Leaders Expand "Open" by...

#### **BUILDING TRANSPARENCY**

- Sharing about yourself (background, values, motivators, preferences, etc)
- Clarifying your expectations
- Articulating your vision
- Being vulnerable

### **EXPLORING MYSTERY**

- Investigating the unexpected
- Creating surprising positive impacts
- Being comfortable with the unknown

#### **SEEING BLIND SPOTS**

- Increasing self-awareness
- Learning about hidden strengths and weaknesses
- Being curious

#### **DISRUPTING ASSUMPTIONS**

- Questioning what we take for granted
- Not assuming that others share our perspective and prior knowledge
- Being open to change



## Effective collaborations hinge on trust and transparency.



Avoid this dynamic

Strive to achieve this dynamic

## **Expand "Open" to Improve Collaborations and Build Alignment**

To deepen relationships with others, start with what is out in the open (i.e., what both of you already know or can see). Then, look below the surface:

- What strengths were you unaware of (in yourself or others)?
- How does remote work/hybrid work expand blind spots?
- What can you do to expand open, especially on remote teams?



Curious to learn more about how to improve team communication and collaboration? Set up a time to talk to **Dr. Camille Preston and the AIM Leadership team**. Visit **aimleadership.com**.

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